



## The Sailing Cow Café Cater Menu 2018

*Prices are subject to change without notice. Quotes will be provided for all events.*

### **Cold Hors D'Oeuvres**

#### **Maine Lobster Salad Miniatures**

Fresh lobster salad in a small puff pastry shell.

Price: \$36.00 per dozen

#### **Fresh Mozzarella /w Imported Tomato & Basil on Crostini**

Price: \$24.00 per dozen

#### **Ultimate Nacho Dip**

Three cheeses, refried beans, lettuce, tomatoes, jalapenos, sour cream & guacamole.  
Served with tortilla chips on the side.

Price: \$2.95 per person

#### **Fresh Vegetable Platter**

Small (10-20) \$38.00 each

Medium (20-40) \$48.00 each

Large (40-60) \$96.00 each

#### **Imported Cheese Platter**

Small (10-20) \$55.00 each

Medium (20-40) \$75.00 each

Large (40-60) \$99.00 each

#### **Sliced Fruit Platter**

Price: \$2.95 per person

#### **Mixed Pickle Tray**

Includes an assortment of pickles and pickled tomatoes.

Price: \$1.95 per person

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### **Mixed Olive Tray**

Includes a variety of imported olives.

Price: \$1.95 per person

### **Combination Pickle & Olive Tray**

Price: \$1.95 per person

## **Hot Hors D'Oeuvres**

### **Spinach & Artichoke Dip**

Sautéed spinach, artichokes and cheese. Served with tortilla chips or French bread on the side. Price: \$2.95 per person

### **Hot Crab Dip**

Sautéed crab with cream cheese and chives

Price: \$3.95 Per Person

### **Seafood Cakes**

Seafood cakes made with shrimp, crab meat and scallops. No breading just light rue. Served with seafood cocktail sauce.

Price: \$5.95 each

### **Sea Scallops wrapped in Bacon**

The finest sea scallops wrapped in bacon.

Price: \$48.00 per dozen

**Italian Meatballs** Lean ground beef, cheeses and herbs.

Price: \$15.00 per dozen

### **Stuffed Mushrooms**

Choice of cheese, beef, vegetable or crab meat stuffing.

Price: \$28.00 per dozen

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### **Miniature Homemade Quiche**

Choose from quiche Lorraine, ham, mushroom, seafood or spinach

Price: \$15.00 per dozen

### **Grilled Jumbo Shrimp**

Cajun, citrus marinade, barbecue or jerk seasonings.

Price: \$36.00 per dozen

### **Spinach & Cheese Triangles**

Fresh spinach and cheese filled pastry.

Price: \$15.00 per dozen

### **Stuffed Quahogs**

Stuffed with homemade stuffing and seasonings.

Price: \$4.95 per person

### **Traditional Buffalo Wings**

Jumbo wings and drumettes available xhot, hot or mild.

Price: \$22.00 per dozen

### **Boneless Buffalo Wings**

Fresh white chicken tenders breaded and marinated in chef special blend sauces.

Price: \$25.00 per dozen

### **Robyn's Island Spiced Ribs**

Baby back ribs marinated in chef's island spiced marinade.

Price: \$30.00 per dozen

### **Steamers**

Price: Market Price

### **Baked Brie**

Baked Brie encrusted in file and apricot preserves. Served with crackers and grapes.

Price: \$40.00 each

Price: \$46.00 each with fresh raspberries

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**Grilled Marinated Steak Skewers**

Price: \$30.00 per dozen

**Grilled Chicken Skewers**

Available in barbecue, Cajun, jerk, honey mustard, or garlic marinade.

Price: \$24.00 per dozen

**Grilled Jumbo Shrimp Skewers**

Available in Cajun, garlic, barbecue, or citrus marinade.

Price: \$72.00 per dozen

**Grilled Summer Vegetable Skewers**

Price: \$20.00 per dozen

**Grilled Scallop Skewers**

Price: \$72.00 per dozen

**Grilled Shrimp & Scallops Skewers**

Price: \$72.00 per dozen

**Raw Bar**

**Littlenecks on ½ shell Oysters on ½ shell Cherrystones on ½ shell  
Lobster Tail Cocktail Crab Leg Cocktail**

Price: To market

**Shrimp Platter**

Medium 26-30U	\$22.00/dozen
Large 21-25U	\$24.00/dozen
X Large 16-20U	\$28.00/dozen
Jumbo 13-15U	\$36.00/dozen

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Colossal 8-12U     \$42.00/dozen

## **Deli & Sandwich Platters**

**Traditional Deli Platters** Includes turkey, ham, roast beef, American and Swiss cheese. Served with pickles, rolls and condiments. Price:     \$7.95 per person

**Deluxe Deli Platter** All of the above plus tuna salad, and chicken salad. Served with pickles, rolls and condiments. Price:     \$8.95 per person

**Traditional Salad Platter** Includes tuna salad, chicken salad, and seafood salad. Served with carrot and celery sticks and rolls. Price:     \$8.95 per person

### **Traditional Sandwich Platter**

Assortment of grilled chicken, ham and turkey breast, assorted cheeses, and tuna salad. All sandwiches are made on assorted breads and accompanied with pickles and chips. Price:     \$8.95 per person

### **Traditional Rollup Platter**

Our traditional sandwich platter made on soft tortilla wraps.  
Price:     \$8.95 per person

### **Deluxe Sandwich Platter**

Add chicken salad, tuna and or chicken waldorf and roast beef to our traditional sandwich platter. Price:     \$8.95 per person

### **Deluxe Rollup Platter**

Deluxe Sandwich platter made on soft tortilla wraps.  
Price:     \$9.95 per person

**Finger Sandwich Platter** Assorted ham, turkey, tuna and chicken salad accompanied by pickles and chips.

Price:     \$4.95 per person

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### **Lobster Roll Platter**

Soft rolls stuffed with lobster salad.

Finger Roll: \$8.95 per person

Regular Rolls: \$20.95 per person

### **Salads & Soups**

**Potato Salad** \$1.50 per person

**Red Bliss Potato Salad** \$1.50 per person

**Coleslaw** \$1.25 per person

**Pasta Salad** \$1.95 per person

**Gourmet Pasta Salad** \$2.25 per person

### **Tossed Garden Salad**

Crisp lettuce, tomatoes, cucumbers, red onion and shaved carrots. Served with Italian dressing

Price: \$5.95 per person

W/ chicken \$9.95 per person

W/ shrimp \$12.95 per person

### **Caesar Salad**

Crisp lettuce with croutons, fresh parmesan cheese tossed in a caesar dressing.

Price: \$5.95 per person

W/ chicken \$9.95 per person

W/ shrimp \$12.95 per person

### **Fruit Salad**

Price: \$4.95 per person

### **Tomato & Mozzarella Salad**

Fresh tomatoes and mozzarella served with basil and balsamic vinaigrette dressing.

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Price: \$6.95 per person

### **Chef Salad**

Crisp lettuce topped with ham, swiss cheese, turkey, red onion, cucumbers and sliced hardboiled egg. Served with choice of dressings.

Price: \$7.95 per person

### **Cranberry, Walnut w/ Chicken Salad**

Crisp lettuce with cucumbers, tomatoes, cape cod cranberries, walnuts and grilled chicken. Price: \$8.95 per person

### **Tuna Waldorf Salad**

Tuna salad mixed with raisins, walnuts and chopped granny smith apples. Served on a bed of crisp greens. Choice of salad dressing.

Price: \$7.95 per person

### **Chicken Waldorf Salad**

Chopped chicken salad mixed with raisins, walnuts and chopped granny smith apples. Served on a bed of crisp greens. Choice of salad dressing.

Price: \$7.95 per person

### **Homemade Clam Chowda**

Price cup \$3.95 per person

Price bowl: \$5.95 per person

### **Homemade Lobster Bisque**

Price cup: TBD per Person

Price Bowl: TBD per Person

## **BBQs and Clambakes**

### **Traditional BBQ**

Includes hamburgers, hotdogs, potato salad, pasta salad, chips and watermelon. Served with all condiments

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\$19.95 Per Person

**BBQ #2**

Traditional BBQ add

Grilled chicken \$24.95 Per Person

NY Sirloin \$29.95

Robyn's Ribs \$27.95 Per Person

**BBQ #3**

Includes chicken, NY sirloin, tossed garden salad, potato salad, gourmet pasta salad and watermelon \$29.95 Per Person

**Kabob BBQ**

includes chicken, steak tips, vegetable and swordfish kabobs, pasta salad, corn on the cob, caesar salad and watermelon

\$30.95 Per Person

**Traditional New England Clambake**

1 1/4 lb Lobster, steamed clams, corn on the cob, clam chowda red bliss potatoes and watermelon starting at \$59.95 per person (prices subject to change based on seafood prices)

**Carving Stations**

**Roasted Turkey Breast**

Price: \$6.95 per person

**Roasted Whole Turkey**

Price: \$5.95 per person

**Roasted Chicken**

Price: \$5.95 per person

**Slow Baked Honey Ham**

Price: \$5.95 per person

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**Roasted Pork Tenderloin**

Price: \$8.95 per person

**Roast Beef**

Price: \$13.95 per person

**Slow Roasted Prime Rib**

Price: \$15.95 per person

**Entrees**

**NY Sirloin (12 oz.)**

Price: \$13.95 per person

**Marinated Steak Tips**

Price: \$9.95 per person

**Robyn's Island Spiced Pork Ribs**

Mouth watering ribs that are marinated in island spiced secret marinade and broiled to perfection Price: \$11.95 per person

**Stuffed Pork Chops**

A thick cut pork chop stuffed with seafood or herb stuffing.

Price: \$9.95 per person

**Roasted ½ chicken**

Price: \$6.95 per person

**Grilled Chicken Breast**

Available in citrus marinade, Cajun, jerk or teriyaki.

Price: \$7.95 per person

**Stuffed Chicken Breast**

Baked chicken breast stuffed with herb vegetable stuffing

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Price: \$9.95 per person

## Pasta Dishes

**Chicken Marsala** Fresh chicken served in a white wine mushroom marsala sauce.

Price: \$7.95 per person

### Chicken Picatta

Fresh chicken breasts slightly battered and sautéed in lemon butter sauce with capers.

Price: \$8.95 per person

### Seafood Gumbo

Fresh lobster, shrimps, scallops sautéed in a creamy lobster gumbo sauce with fresh tomatoes, mushrooms and garlic.

Price: \$24.95 per person

### Shrimp Scampi

Four extra large shrimp sautéed in fresh garlic lemon butter.

Price: \$14.95 per person

### Meat Lasagna

½ Pan (8-10) Price: \$39.95

Full Pan (10-15) Price: \$69.95

### Vegetable Lasagna

½ Pan (8-10) Price:

\$39.95 Full Pan (10-15) Price:

\$69.95.

## Seafood

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### **Maine Boiled Lobster**

Available in 1 ¼ to 5 lbs.

Price: To market

### **Baked Stuffed Lobster**

Stuffed with homemade seafood stuffing

Price: To market

### **Jamaican Grilled Lobster**

Grilled lobster with jamaican spices. Served with drawn butter.

Price: To market

### **Baked Stuffed Shrimp**

Jumbo shrimp stuffed with homemade crabmeat stuffing. Includes 3 shrimp.

Price: \$18.95 per person

### **Broiled or Grilled Sea Scallops**

Price: To market

### **Grilled Atlantic Swordfish**

Swordfish steaks grilled in your choice of lemon butter, garlic, or blackened Cajun style. Price: 14.95 per person

### **Stuffed Scrod**

Stuffed in a garlic white wine butter sauce with spinach, tomatoes, mushrooms and cheese. Topped with bread crumbs.

Price: \$12.95 per person

### **Lazy Man Lobster**

Lobster baked in a butter sauce topped with bread crumbs.

Price: To Market

### **Grilled Atlantic Salmon**

Price: \$12.95 per person

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## Kabobs

### **Swordfish kabobs (2)**

Price: \$18.95 per person

### **Shrimp & Scallop kabobs (2)**

Price: \$28.95 per person

### **Steak Tip kabobs (2)**

Price: \$24.95 per person

Add shrimp \$3.95 per person

### **Chicken kabobs (2)**

Price: \$18.95 per person

Add shrimp \$3.95 per person

### **Vegetable kabobs (2)**

Price: \$16.95 per person

## Side Dishes

### **Baked Potato Bar**

Jumbo potato with broccoli, tomatoes, cheddar cheese, sour cream, salsa, scallions and butter. Price: \$4.95 per person

### **Baked Potato**

Price white \$2.00 each

Price sweet: \$2.25 each

### **Mashed Potatoes**

Price: \$2.25 per person

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**Garlic Mashed Potatoes**

Price: \$2.50 per person

**Twice Baked Potato**

Price: \$2.50 each

**Rice Pilaf**

Price: \$2.00 per person

**Steamed Or Grilled Asparagus**

Price: \$2.25 per person

**Summer Vegetable Medley**

Price: \$2.00 per person

**Broccoli, Cauliflower & Carrot Medley**

Price: \$2.25 per person

**Snipped Green Beans**

Price: \$2.00 per person

**Corn on the Cob**

Price: \$1.25 per person

**Baked Beans**

Price: \$2.00 per person

**Children's**

- Chicken fingers
- Macaroni & cheese
- Pasta w/ butter
- Grilled cheese

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Hot dogs

Price: \$4.95 per person

## Desserts

### **Assorted Gourmet Dessert Bars**

Ask for a list of available dessert bars.

Price: \$2.75 per person

### **Mini Pastry Tray**

Ask for a list of available pastry

Price: \$3.50 per person

### **Assorted Gourmet Cake Slices**

Price: \$3.95 per person

### **Homemade Cookies**

Choose from chocolate chip, chocolate chip nut, oatmeal raisin, peanut butter, and sugar. Price: \$1.50 per person

### **Pies**

Ask for listing of available pies

Price: Per pie

### **Ice Cream Sundae Bar**

Have your guests make their own sundaes with ice cream flavors of choice, hot fudge, strawberries, whip cream, chopped walnuts and cherries. Price: \$3.95 per person

### **Chocolate Fountain**

Price: \$3.00 per person

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## **Beverages**

### **Soda, Juice, Water**

Price: \$2.00 per person

### **Designer Fruit Juices, Lemonade, Ice Teas**

Price: \$2.50 per person

### **Coffee & Tea**

Price: \$1.50 per person

### **Juice Bar**

Includes assorted juices – tomato, grapefruit, orange, and cranberry

Price: \$3.00 per person

***Full liquor service and liability available***

***Let us choose the perfect wine, beer and alcohol for your event.***

***Priced accordingly.***

## **Breakfast & Brunch**

**Breakfast Platter** Includes assorted muffins, bagels, pastry, cream cheese, assorted jellies and butter.

Price: \$4.00 per person

### **Assorted Muffin Platter**

An assortment of fresh baked muffins including blueberry, morning glory, chocolate chip, lemon poppy, cranberry walnut, pistachio, corn and others.

Price: \$4.95 per person

### **Assorted Bagels & Cream Cheese**

An assortment of bagels served with fresh cream cheese, jams and butter.

Price: \$4.00 per person

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### **Ala Carte Breakfast**

Scrambled Eggs            \$3.00 pp  
Bacon, Sausage            \$2.25 pp Home  
fries                         \$2.50 pp  
Omelet Bar                 \$8.95 pp

### **Quiche**

Choose from Quiche Lorraine, Spinach, Mushroom, Mushroom & Onion, and Cheese. Price:         \$4.95 pp

### **Breakfast Sandwich Platter**

Combination of marina sandwiches (egg, cheese, ham, bacon or sausage on English) and Holstein sandwiches (egg, cheese, spinach, tomato and mushroom)

Price:         \$5.95 per person

### **Breakfast Wrap Platter**

Same as sandwich platter rolled in soft flour tortilla

Price:         \$5.95 per person

### ***Brunch Bakes - ½ pan feeds 12 -full pan feeds 24***

#### **Traditional Brunch Bake**

Homemade home fries, eggs w/  
cheese ½ pan:         \$24.95 full  
pan:         \$44.95

#### **Sausage and Cheese Brunch Bake**

Homemade home fries, sausage, and eggs w/ cheese  
½ pan:         \$29.95 full  
pan:         \$49.95

#### **Meat Lovers Brunch Bake**

Homemade home fries, sausage, bacon, and eggs w/ cheese  
½ pan:         \$34.95 full  
pan:         \$59.95

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### **Bacon and Egg Brunch Bake**

Homemade home fries, bacon, and eggs w/ cheese

½ pan: \$29.95 full

pan: \$49.95

### **French Toast Platter**

Portuguese Style French Toast served with butter and syrup

Price: \$5.95 per person

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