



The Sailing Cow Café Cater Menu 2011

Prices are subject to change without notice. Quotes will be provided for all events.

Cold Hors D'Oeuvres

Maine Lobster Salad Miniatures

Fresh lobster salad in a small puff pastry shell.

Price: \$32.00 per dozen

Fresh Mozzarella /w Imported Tomato & Basil on Crostini

Price: \$20.00 per dozen

Ultimate Nacho Dip

Three cheeses, refried beans, lettuce, tomatoes, jalapenos, sour cream & guacamole. Served with tortilla chips on the side.

Price: \$2.95 per person

Fresh Vegetable Platter

Small (10-20) \$38.00 each

Medium (20-40) \$48.00 each

Large (40-60) \$96.00 each

Imported Cheese Platter

Small (10-20) \$55.00 each

Medium (20-40) \$75.00 each

Large (40-60) \$99.00 each

Sliced Fruit Platter

Price: \$2.95 per person

Mixed Pickle Tray

Includes an assortment of pickles and pickled tomatoes.

Price: \$1.95 per person

Mixed Olive Tray

Includes a variety of imported olives.

Price: \$1.95 per person

Combination Pickle & Olive Tray

Price: \$1.95 per person

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Hot Hors D'Oeuvres

Spinach & Artichoke Dip

Sautéed spinach, artichokes and cheese. Served with tortilla chips or French bread on the side.

Price: \$2.95 per person

Hot Crab Dip

Sauteed crab with cream cheese and chives

Price: \$3.95 Per Person

Seafood Cakes

Seafood cakes made with shrimp, crab meat and scallops. No breading just a light rye. Served with seafood cocktail sauce.

Price: \$4.95 each

Sea Scallops wrapped in Bacon

The finest sea scallops wrapped in bacon.

Price: \$30.00 per dozen

Italian Meatballs

Lean ground beef, cheeses and herbs.

Price: \$15.00 per dozen

Stuffed Mushrooms

Choice of cheese, beef, vegetable or crab meat stuffing.

Price: \$25.00 per dozen

Miniature Homemade Quiche

Choose from quiche Lorraine, ham, mushroom, seafood or spinach

Price: \$15.00 per dozen

Grilled Jumbo Shrimp

Cajun, citrus marinade, barbecue or jerk seasonings.

Price: \$32.00 per dozen

Spinach & Cheese Triangles

Fresh spinach and cheese filled pastry.

Price: \$15.00 per dozen

Stuffed Quahogs

Stuffed with homemade stuffing and seasonings.

Price: \$2.95 per person

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Traditional Buffalo Wings

Jumbo wings and drumettes available xhot, hot or mild.

Price: \$22.00 per dozen

Boneless Buffalo Wings

Fresh white chicken tenders breaded and marinated in chef special blend sauces.

Price: \$24.00 per dozen

Robyn's Island Spiced Ribs

Baby back ribs marinated in chef's island spiced marinade.

Price: \$26.00 per dozen

Steamers

Price: Market Price

Baked Brie

Baked Brie encrusted in fillo dough and apricot preserves. Served with crackers and grapes.

Price: \$40.00 each

Price: \$46.00 each with fresh raspberries

Grilled Marinated Steak Skewers

Price: \$19.00 per dozen

Grilled Chicken Skewers

Available in barbecue, Cajun, jerk, honey mustard, or garlic marinade.

Price: \$16.00 per dozen

Grilled Jumbo Shrimp Skewers

Available in Cajun, garlic, barbecue, or citrus marinade.

Price: \$32.00 per dozen

Grilled Summer Vegetable Skewers

Price: \$15.00 per dozen

Grilled Scallop Skewers

Price: \$28.00 per dozen

Grilled Shrimp & Scallops Skewers

Price: \$30.00 per dozen



Raw Bar

Littlenecks on ½ shell
Oysters on ½ shell
Cherrystones on ½ shell
Lobster Tail Cocktail
Crab Leg Cocktail

Price: To market

Shrimp Platter

Medium 26-30U \$20.00/dozen
Large 21-25U \$22.00/dozen
X Large 16-20U \$26.00/dozen
Jumbo 13-15U \$32.00/dozen
Colossal 8-12U \$34.00/dozen

Deli & Sandwich Platters

Traditional Deli Platters

Includes turkey, ham, roast beef, American and swiss cheese. Served with pickles, rolls and condiments.
Price: \$5.95 per person

Deluxe Deli Platter

All of the above plus tuna salad, and chicken salad. Served with pickles, rolls and condiments.
Price: \$7.95 per person

Traditional Salad Platter

Includes tuna salad, chicken salad, and seafood salad. Served with carrot and celery sticks and rolls.
Price: \$7.95 per person

Deluxe Salad Platter

Includes lobster salad and chicken or tuna waldorf. Served with rolls, carrot and celery sticks.
Price: \$9.95 per person

Traditional Sandwich Platter

Assortment of grilled chicken, ham and turkey breast, assorted cheeses, and tuna salad. All sandwiches are made on assorted breads and accompanied with pickles and chips.
Price: \$6.95 per person

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Traditional Rollup Platter

Our traditional sandwich platter made on soft tortilla wraps.

Price: \$6.95 per person

Deluxe Sandwich Platter

Add chicken salad, tuna and or chicken waldorf and roast beef to our traditional sandwich platter.

Price: \$6.95 per person

Deluxe Rollup Platter

Deluxe Sandwich platter made on soft tortilla wraps.

Price: \$7.95 per person

Finger Sandwich Platter

Assorted ham, turkey, tuna and chicken salad accompanied by pickles and chips.

Price: \$4.95 per person

Lobster Roll Platter

Soft rolls stuffed with lobster salad.

Finger Roll: \$6.95 per person

Regular Rolls: \$17.95 per person

Salads & Soups

Potato Salad \$1.50 per person

Red Bliss Potato Salad \$1.50 per person

Coleslaw \$1.25 per person

Pasta Salad \$1.95 per person

Gourmet Pasta Salad \$2.25 per person

Tossed Garden Salad

Crisp lettuce, tomatoes, cucumbers, red onion and shaved carrots. Served with Italian dressing

Price: \$3.95 per person

W/ chicken \$8.95 per person

W/ shrimp \$10.95 per person

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Caesar Salad

Crisp lettuce with croutons, fresh parmesan cheese tossed in a caesar dressing.

Price: \$3.95 per person

W/ chicken \$8.95 per person

W/ shrimp \$10.95 per person

Fruit Salad

Price: \$2.95 per person

Tomato & Mozzarella Salad

Fresh tomatoes and mozzarella served with basil and balsamic vinaigrette dressing.

Price: \$6.95 per person

Chef Salad

Crisp lettuce topped with ham, swiss cheese, turkey, red onion, cucumbers and sliced hardboiled egg.

Served with choice of dressings.

Price: \$7.95 per person

Cranberry, Walnut w/ Chicken Salad

Crisp lettuce with cucumbers, tomatoes, cape cod cranberries, walnuts and grilled chicken.

Price: \$8.95 per person

Tuna Waldorf Salad

Tuna salad mixed with raisins, walnuts and chopped granny smith apples. Served on a bed of crisp greens.

Choice of salad dressing.

Price: \$5.95 per person

Chicken Waldorf Salad

Chopped chicken salad mixed with raisins, walnuts and chopped granny smith apples. Served on a bed of crisp greens. Choice of salad dressing.

Price: \$5.95 per person

Homemade Clam Chowda

Price cup \$3.95 per person

Price bowl: \$5.95 per person

Homemade Lobster Bisque

Price cup: \$6.95 Per Person

Price Bowl: \$8.95 Per Person

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BBQs and Clambakes

Traditional BBQ

Includes hamburgers, hotdogs, potato salad, pasta salad, chips and watermelon. Served with all condiments

\$18.95 Per Person

BBQ #2

Traditional BBQ add

Grilled chicken \$21.95 Per Person

NY Sirloin \$24.95

Robyn's Ribs \$23.95 Per Person

BBQ #3

Includes chicken, NY sirloin, tossed garden salad, potato salad, gourmet pasta salad and watermelon

\$24.95 Per Person

Kabob BBQ

includes chicken, steak tips, vegetable and swordfish kabobs, pasta salad, corn on the cob, caesar salad and watermelon

\$23.95 Per Person

Traditional New England Clambake

1 1/4 lb Lobster, steamed clams, corn on the cob, clam chowda red bliss potatoes and watermelon starting at \$59.95 per person (prices subject to change based on seafood prices)

Carving Stations

Roasted Turkey Breast

Price: \$6.95 per person

Roasted Whole Turkey

Price: \$5.95 per person

Roasted Chicken

Price: \$5.95 per person

Slow Baked Honey Ham

Price: \$5.95 per person

Roasted Pork Tenderloin

Price: \$8.95 per person

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Roast Beef

Price: \$11.95 per person

Slow Roasted Prime Rib

Price: \$13.95 per person

Entrees

NY Sirloin (12 oz.)

Price: \$11.95 per person

Marinated Steak Tips

Price: \$9.95 per person

Robyn's Island Spiced Pork Ribs

Mouth watering ribs that are marinated in island spiced secret marinade and broiled to perfection

Price: \$11.95 per person

Stuffed Pork Chops

A thick cut pork chop stuffed with seafood or herb stuffing.

Price: \$9.95 per person

Roasted ½ chicken

Price: \$6.95 per person

Grilled Chicken Breast⁴

Available in citrus marinade, Cajun, jerk or teriyaki.

Price: \$7.95 per person

Stuffed Chicken Breast

Baked chicken breast stuffed with herb vegetable stuffing

Price: \$9.95 per person

Pasta Dishes

Chicken Marsala

Fresh chicken served in a white wine mushroom marsala sauce.

Price: \$7.95 per person

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Chicken Picatta

Fresh chicken breasts slightly battered and sautéed in lemon butter sauce with capers.

Price: \$8.95 per person

Seafood Gumbo

Fresh lobster, shrimps, scallops sautéed in a creamy lobster gumbo sauce with fresh tomatoes, mushrooms and garlic.

Price: \$24.95 per person

Shrimp Scampi

Four extra large shrimp sautéed in fresh garlic lemon butter.

Price: \$12.95 per person

Meat Lasagna

½ Pan (8-10) Price: \$39.95

Full Pan (10-15) Price: \$69.95

Vegetable Lasagna

½ Pan (8-10) Price: \$39.95

Full Pan (10-15) Price: \$69.95 Price \$69.95.

Seafood

Maine Boiled Lobster

Available in 1 ¼ to 5 lbs.

Price: To market

Baked Stuffed Lobster

Stuffed with homemade seafood stuffing

Price: To market

Jamaican Grilled Lobster

Grilled lobster with jamaican spices. Served with drawn butter.

Price: To market

Baked Stuffed Shrimp

Jumbo shrimp stuffed with seafood stuffing. Includes 3 shrimp.

Price: \$14.95 per person

Broiled or Grilled Sea Scallops

Price: \$14.95 per person

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Grilled Atlantic Swordfish

Swordfish steaks grilled in your choice of lemon butter, garlic, or blackened Cajun style.

Price: 14.95 per person

Stuffed Scrod

Stuffed in a garlic white wine butter sauce with spinach, tomatoes, mushrooms and cheese. Topped with bread crumbs.

Price: \$9.95 per person

Lazy Man Lobster

Lobster baked in a butter sauce topped with bread crumbs.

Price: \$18.95 per person

Grilled Atlantic Salmon

Price: \$14.95 per person

Kabobs

Swordfish kabobs (2)

Price: \$13.95 per person

Shrimp & Scallop kabobs (2)

Price: \$16.95 per person

Steak Tip kabobs (2)

Price: \$15.95 per person

Add shrimp \$2.95 per person

Chicken kabobs (2)

Price: \$11.95 per person

Add shrimp \$2.95 per person

Vegetable kabobs (2)

Price: \$9.95 per person

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Side Dishes

Baked Potato Bar

Jumbo potato with broccoli, tomatoes, cheddar cheese, sour cream, salsa, scallions and butter.

Price: \$4.95 per person

Baked Potato

Price white \$2.00 each

Price sweet: \$2.25 each

Mashed Potatoes

Price: \$2.25 per person

Garlic Mashed Potatoes

Price: \$2.50 per person

Twice Baked Potato

Price: \$2.50 each

Rice Pilaf

Price: \$2.00 per person

Steamed Or Grilled Asparagus

Price: \$2.25 per person

Summer Vegetable Medley

Price: \$2.00 per person

Broccoli, Cauliflower & Carrot Medley

Price: \$2.25 per person

Snipped Green Beans

Price: \$2.00 per person

Corn on the Cob

Price: \$1.25 per person

Baked Beans

Price: \$2.00 per person

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Children's

Chicken fingers

Macaroni & cheese

Pasta w/ butter

Grilled cheese

Hot dogs

Price: \$4.95 per person

Desserts

Assorted Gourmet Dessert Bars

Ask for a list of available dessert bars.

Price: \$2.75 per person

Mini Pastry Tray

Ask for a list of available pastry

Price: \$3.50 per person

Assorted Gourmet Cake Slices

Price: \$3.95 per person

Homemade Cookies

Choose from chocolate chip, chocolate chip nut, oatmeal raisin, peanut butter, and sugar.

Price: \$1.50 per person

Pies

Ask for listing of available pies

Price: Per pie

Ice Cream Sundae Bar

Have your guests make their own sundaes with ice cream flavors of choice, hot fudge, strawberries, whip cream, chopped walnuts and cherries.

Price: \$3.95 per person

Chocolate Fountain

Price: \$3.00 per person

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Beverages

Soda, Juice, Water

Price: \$1.50 per person

Designer Fruit Juices, Lemonade, Ice Teas

Price: \$1.95 per person

Coffee & Tea

Price: \$1.25 per person

Juice Bar

Includes assorted juices – tomato, grapefruit, orange, and cranberry

Price: \$2.95 per person

Full liquor service and liability available

Let us choose the perfect wine, beer and alcohol for your event. Priced accordingly.

Breakfast & Brunch

Breakfast Platter

Includes assorted muffins, bagels, pastry, cream cheese, assorted jellies and butter.

Price: \$2.95 per person

Assorted Muffin Platter

An assortment of fresh baked muffins including blueberry, morning glory, chocolate chip, lemon poppy, cranberry walnut, pistachio, corn and others.

Price: \$2.95 per person

Assorted Bagels & Cream Cheese

An assortment of bagels served with fresh cream cheese, jams and butter.

Price: \$2.00 per person

Ala Carte Breakfast

Scrambled Eggs \$3.00 pp

Bacon, Sausage, Ham \$2.25 pp

Home fries \$2.50 pp

Hash browns \$2.25 pp

Omelet Bar \$7.95 pp

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Quiche

Choose from Quiche Lorraine, Spinach, Mushroom, Mushroom & Onion, and Cheese.

Price: \$4.95 pp

Breakfast Sandwich Platter

Combination of marina sandwiches (egg, cheese, ham, bacon or sausage on English) and Holstein sandwiches (egg, cheese, spinach, tomato and mushroom)

Price: \$5.95 per person

Breakfast Wrap Platter

Same as sandwich platter rolled in soft flour tortilla

Price: \$5.95 per person

Brunch Bakes - ½ pan feeds 12 -full pan feeds 24

Traditional Brunch Bake

Homemade home fries, eggs w/ cheese

½ pan: \$24.95

full pan: \$44.95

Ham and Cheese Brunch Bake

Homemade home fries, ham, and eggs w/ cheese

½ pan: \$29.95

full pan: \$49.95

Meat Lovers Brunch Bake

Homemade home fries, sausage, ham, bacon, and eggs w/ cheese

½ pan: \$34.95

full pan: \$59.95

Bacon and Egg Brunch Bake

Homemade home fries, bacon, and eggs w/ cheese

½ pan: \$29.95

full pan: \$49.95

French Toast Platter

Portuguese Style French Toast served with butter and syrup

5.95 per person

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